

Client

Gurugram

Pathkind Diagnostics Pvt. Ltd.

Plot No. 55-56, Udhyog Vihar Ph-IV, Gurugram - 122015

Processed By Pathkind Diagnostics Pvt. Ltd.

Plot No. 55-56, Udhyog Vihar Ph-IV, Gurugram - 122015

Name : Mr. BC331 Billing Date 07/07/202312:13:25 : 35 Yrs Sample Collected on Age 10/07/2023 10:01:31 10/07/2023 11:02:13 Sex : Male Sample Received on Report Released on P. ID No. : P1000100012443 20/07/2023 17:57:57 **Accession No** : 10002304499 Barcode No. 10002304499-01

Referring Doctor: Self

Referred By Ref no.

Report Status - Final

Test Name Result Biological Ref. Interval Unit

BIOCHEMISTRY

Kidney Stone Analysis

Stone Analysis Kidney (Renal) calculus

METHOD FTIR -	Fourier Transform Infrared Spectrometry		
SAMPLE TYPE	Kidney Stone		
SIZE	Stone (4mm X 4mm)		
WEIGHT	0.169gms		
RESULT (STONE COMPOSITION)	Caclium oxalate monohydrate (50%), Calcium oxalate dihydrate(50%)		



Interpretation

Renal Stones:

The composition of urinary stones may vary from a simple crystal to a complex mixture containing several different species of crystals. The composition of the nidus (center) may be entirely different from that of the peripheral layers. Knowledge of stone composition is necessary to guide therapy of patients with recurrent stone formation.

Renal stone types	Incidence (%)	Risk Factors	Recommendations for
			Prevention
Calcium oxalate	70 - 80	Increase Urine Calcium,	-Adequate fluid intake,





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(Monohydrate, Dihydrate) and calcium phosphate		oxalate, uric acid Decrease Urine volume, citrate	-Normal dietary calcium (avoid Supplement) -Moderate protein intake -Reduced salt intake -Avoid high oxalate foods (spinach, peanuts, chocolate. Coffee, tea, sweet potato, brinjal, green beans)"
Struvite stones (Magnesium Ammonium phosphate)	10 - 15	-Increase Urine pH - Urinary tract infection by a urea - splitting bacterium usually by Proteus species Neurogenic bladder - Other anatomic abnormalities of Urinary tract.	Treatment of the Urinary tract infection is important to inhibit further stone formation.
Uric acid	5 - 10	Increase Urine uric acid Decrease Urine pH, urine volume	Restrict consumption of food rich in uric acid or purines (cauliflower, pumpkin, mushroom, red meat, red wine).
Cysteine	<1	Inherited disorder like Cystinuria	-

10002304499 Mr. BC331





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Unit

** End of Report**

Dr. Aarti Khanna Nagpal

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DNB (Pathology) Senior Consultant





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